

eJoli Beauty

**Botulinum Toxin Informed
Consent**

Botulinum Toxin (upper face) Informed Consent

Aim of Treatment - The aim of this treatment is to significantly reduce the movement of the muscles causing expression lines, thus improving the appearance of such lines. This clinic uses (Insert brand)

Common Side Effects, Associated with the Injections include;

- Pain or stinging sensation when the injection is performed.
- Localised swelling, redness, tenderness
- Bleeding at the sites of injection
- Bruising
- Numbness or itching of the area following injection.
- Headache

The above usually resolve spontaneously within hours or days, but may persist for longer.

- Eye lid ptosis (a drooping or heaviness of the eyelid, one or both), brow ptosis (heaviness and or lowering of the brow) should ptosis occur, it may take 3 or more weeks to resolve.
- Asymmetry of expression

Perfect symmetry may not be achievable; that caused by the treatment, can often be corrected at your review appointment.

Uncommon Side Effects

- Nausea
- Anxiety
- Dry Mouth
- Altered Skin Sensation, muscle twitching or spasm in the treated area
- Swelling/Puffiness around the eyes
- Fever
- Lack of Strength
- Eye Pain, Dry Eyes, Tearing, Sensitivity to Light
- Flu like Symptoms
- Itching or Dry Skin
- Infection
- Muscles not targeted may be effected
- Rash
- Facial Pain

Any adverse reactions usually occur within a few days of treatment. They are expected to be temporary in nature and usually resolve spontaneously within weeks. Rarely, symptoms may persist for several months.

The treatment of the brow, and any area other than frown or crows feet with botulinum toxin are not a licensed indications. The product manufacturer has no liability should a complication arise, when this medicine is used for indications that have not been licensed.

Expected Outcome

Successful treatment should prevent or significantly reduce the expressions causing the lines. Treatment may not cause the expression lines themselves to disappear completely. The expression may not be completely frozen, particularly if extreme effort is exerted to make any expression. Any decision to increase the dose, or repeat treatment, will be made at the discretion of the practitioner, informed by safety and best practice.

Material Information

Alternative Treatments I have Been Advised I may consider:

I confirm that the medical health history form has been completed truthfully and I am fully aware that withholding medical information may be detrimental to the safe and optimal outcome of any treatment that the practitioner agrees to undertake.

If there are any changes in my medical history, I must inform the practitioner.

I confirm that I have been provided with verbal and written information about this treatment which includes aftercare and follow up advice.

I am satisfied the procedure has been explained comprehensively and that the possible risks and side effects associated with the treatment have been fully discussed and understood. I have taken sufficient time to process and consider the information provided before making a decision to proceed with the agreed treatment plan.

I understand that though complications are uncommon, they do sometimes occur. It is possible that side effects not described may occur and indeed that a complication not previously reported or experienced may occur for the first time.

I agree to follow the aftercare advice and understand this reduces risk of adverse reactions and helps ensure optimum results.

I understand information about me will be treated as confidential and access to it restricted in accordance with the Data Protection Act, unless specific permissions given.

I consent to my medical records being shared with appropriate medical professionals

I understand photographs are taken as part of my medical record.

On occasion it is helpful to share visual images of our own treatment results.
I consent to photographs being published for;

- Educational and training purposes with medical professionals
- Educational purposes with selected patients during consultation
- Educational/promotional purposes in the clinics portfolio viewed by selected members of the public
- Educational/promotional purposes on the clinic website
- Educational purposes for selected public events

I understand that no fee is payable to me or any other person in respect of the material either now or at any time in the future.

I confirm that the purpose for which the material would be used has been explained to me in terms which I have understood.

I have read and agree to the clinic Terms and Conditions.

Patients Signature: _____ Print Name: _____ Date: _____

Practitioners Signature: _____ Print Name: _____ Date: _____

Treatment Information Botulinum Toxin

What is Botulinum Toxin?

Botulinum toxin is a naturally occurring protein produced by the bacterium Clostridium Botulinum. In a purified form,; as is the case with many drugs/medications such as Penicillin, Botulinum toxin is a very safe, effective treatment not only used in cosmetic clinics, but also for a number of medical conditions, including migraine and excessive sweating.

All botulinum toxins are prescription only medicines (POM) and can only be prescribed by doctors, dentists and nurses with the prescribing qualification, following a face to face assessment and consultation with the qualified prescriber.

Botox® is a licensed brand of Botulinum toxin A. Other licensed brands include Azzalure®, Dysport®, Xeomin® Bocouture® .

How does it Work?

The toxin blocks the transition of chemical messages from the nerve to the muscle so that the muscle stays in a resting state for a period of 8 to 12 weeks on average.

This may be only a partial reduction in movement allowing some remaining movement or a full block in which case there is very little remaining muscular movement in the area – this very much depends on the amount administered and location of product placement –treatment may be tailored to suit your individual requirements. Your expected treatment outcomes and whether they can be achieved will be discussed at the time of consultation.

Does it hurt?

A very fine needle is used and generally this treatment is not described by most as painful and can be well tolerated with no anaesthetic. Please request an anaesthetic cream or ice, if you are nervous about needles.

Used to Treat

The aim of the licensed treatment is to significantly reduce the movement of the muscles causing expression lines (dynamic lines) specifically the frown and crow's feet and worry lines on the brow may also be treated as an 'off label' indication. Successful treatment may not cause the expression lines themselves to disappear completely. It may not 'completely freeze' the expression, particularly if extreme effort is exerted to make an expression.

Botulinum toxin is not suitable for lines present without expression (static lines), your practitioner will advise you.

Advanced and off-label indications include; horizontal brow lines, lip lines, chin 'poppling', muscles on the lower face and neck, to lift the mouth corners, improve the jaw line and the appearance of the neck. The 'chewing muscle' may also be treated to soften a square jaw or to prevent teeth grinding or jaw clenching at night.

Before Treatment

It is important you tell your practitioner about any medicines or dietary supplements you are taking, some medicines can adversely affect the way the toxin works or increase your risk of bruising.

If you are taking supplements such as Vitamin A, C or E, Gingko Biloba, Garlic, fish oils, St. Johns Wort or some pain killing medicines such as aspirin or ibuprofen, then these can increase your risk of bruising and it may be advisable to stop taking them a few days before your treatment. It is also advisable that you do not drink alcohol the night before your treatment, for the same reason.

Make-up will need to be removed prior to the injections and you will be advised not to reapply it for 12 hours in order to reduce the risk of infection or irritation at the injection sites.

Be aware of the necessary after care advice and that your schedule allows for you to follow it.

After treatment

You will be advised to keep the target muscles active for a few hours and to avoid extremes of heat or cold, vigorous exercise, lying down or leaning over for 4-6 hours.

After treatment it is expected that you will start to see an improvement within 2 or 3 days. For some people this takes longer. The full result may be judged at 2-3 weeks. You will be invited to attend a review appointment at 2-3 weeks where the success of the treatment may be assessed and adjustments to your personal treatment plan made, if necessary.

How long will it last?

Results tend to last 3-4 months. Movement will begin recovering from 8 weeks. Frequent treatment at intervals of less than 3 months is not recommended. Repeating treatment when movement recovers will deliver optimum results over time. Frequency of treatments may be reduced according to the quality of your skin and your response to treatment.

Should you experience any unexpected side effects or any that concern you, please contact the clinic.

Contact Details

Clinic: _____

Address: _____

Postcode: _____

Email: _____

Contact Number: _____